2006 Empire Runners Summer Track Series

Meet #5, August 16, Santa Rosa High School

	Girls' 100 Meters	Age	Time
1	Jillian Van Riper	9	17.7
2	Keondra Nelson	8	17.9
3	Annica Willimas	5	21.7
4	Jenna Copeland	6	21.9
5	Sophia Gentile	9	22.1
6	Jasmine Love	10	23.3
7	McKenna Sell	5	24.9
8	Andrea Meza	4	NT
9	Lael Joseph	2	NT
10	Audrey Tiffany	2	NT

	Women's 100 Meters	Age	Time
1	Val Sell	42	16.5
2	Susan Kelleher	31	17.3
3	Kelly Rogers	20	14.0
4	Pauline Rogers	51	18.4

	Girls' 200 Meters	Age	Time
1	Jillian Van Riper	9	40.0
2	Keondra Nelson	8	42.0
3	Jenna Copeland	6	51.0
4	Jasmine Love	10	54.8
5	McKenna Sell	5	57.5

	Women's 200 Meters	Age	Time
1	Jenna Blengino	15	28.7
2	Kelly Rogers	20	34.2
3	Megan Johnson	21	36.6
4	Susan Kelleher	31	38.4
5	Pauline Rogers	51	39.8

	Girls' 400 Meters	Age	Time
1	Jillian Van Riper	9	1:31.2
2	Anike Williams	5	2:00.8
3	Jenna Copeland	6	2:06.7
4	Keondra Nelson	8	2:09.2
5	McKenna Sell	5	2:17.8
6	Jasmine Love	10	2:41.1

	Women's 400 Meters	Age	Time
1	Sara Jakel	29	1:11.3
2	Kelly Rogers	20	1:18.7
3	Pauline Rogers	51	1:32.0

	Women's Mile	Age	Time
1	Melanie Lovrin	28	5:40.1
2	Shannon Overly	26	5:42.5
3	Celeste Berg	15	5:46.7
4	Megan Johnson	21	5:50.1
5	Val Sell	42	5:52.0
6	Gillian Sakai	29	6:04.8
7	Michelle Zanetti	17	6:15.5
8	Karin Dove	17	6:16.2
9	Tori Meredith	48	6:25.3
10	Kelly Rogers	20	7:12.6
11	Lauren Zanetti	17	7:21.0
12	Pauline Rogers	51	7:27.6
13	Susan Kelleher	31	7:40.7
14	Elizabeth Meza	37	9:28.5

	Boys' 100 Meters	Age	Time
1	Andrew Williams	8	16.4
2	Leland Eckebrecht	10	18.2
3	Ian Van Riper	6	20.6
4	Ricky Meza	6	21.7
5	Parker Jakel	6	21.9
6	Kiefer Lord	4	NT
7	Larkin Jennings	2	NT

	Men's 100 Meters	Age	Time
1	Corey Nelson	28	10.8
2	David Dinh	16	11.9
3	Andrew Kendall	19	12.1
4	Ken Wun	51	12.2
5	Don Stewart	45	13.2
6	Jefferey Petersen	17	13.7
7	Gregg Jennings	36	14.4
8	Steve Cleal	49	15.6

	Boys' 200 Meters	Age	Time
1	Andrew Williams	9	36.6
2	Ian Van Riper	6	47.8
3	Parker Jakel	6	55.9

	Men's 200 Meters	Age	Time
1	Corey Nelson	28	21.8
2	Ken Wun	51	25.3
3	Brian Whitley	20	26.0
4	Andrew Kendall	19	26.2
5	Andy Roth	19	26.3
6	Matt Lanz	17	27.2
7	Jeffery Peterson	17	30.1
8	David Sell	42	30.5

	Boys' 400 Meters	Age	Time
1	Andrew Williams	8	1:29.8
2	Ian Van Riper	6	1:48.8
3	Parker Jakel	6	2:05.5

	Men's 400 Meters	Age	Time
1	Frank Stranzl	22	0:51.6
2	Andy Howard	45	0:57.2
3	Sky Taylor	20	0:57.4
4	Matt Lanz	17	1:01.0
5	Nick Leindecker	22	1:03.0
6	Jeffery Petersen	17	1:10.4

	Boys' 800 Meters	Age	Time
1	Ian Van Riper	6	3:51.2
2	Parker Jakel	6	4:46.5

	Girls' 800 Meters	Age	Time
1	Jillian Van Riper	9	3:33.5

	Women's 800	Age	Time
1	Jenna Lowder	18	2:32.9
2	Sara Jakel	29	2:40.5
3	Kelly Rogers	20	2:47.9
4	Pauline Rogers	51	3:21.7

	Men's 800 Meters	Age	Time
1	Brian Cole	17	2:08.5
2	Alex Wolf-Root	19	2:10.6
3	Andy Howard	45	2:11.1
4	Nick Leindecker	22	2:26.8
5	Michael Brew	18	2:32.6
6	Jeffery Petersen	17	2:46.0
7	Kevin Sheasgreen	34	4:47.1

	Boy's Mile	Age	Time
1	Ricky Meza	6	9:27.8

	Men's Mile	Age	Time
1	Alex Wolf-Root	19	4:41.8
2	John Staroba	27	4:43.3
3	Ryan Aldridge	18	4:59.3
4	Steve Cleal	49	5:06.2
5	Aria Kiani	14	5:07.2
6	Mike Fanelli	50	5:08.0
7	Mark Hostetter	33	5:10.5
8	Kevin Sheasgreen	34	5:10.5
9	Don Stewart	45	5:14.2
10	Gregg Jennings	36	5:17.1
11	Quin Coughlin	16	5:17.8
12	Nick Leindecker	22	5:18.6
13	Larry Meredith	49	5:22.7
14	Sam Strobina	16	5:29.8
15	Ben Tarango	13	5:31.1
16	Bob Rogers	49	5:34.4
17	Paul Hadley	31	5:38.2
18	Jefferey Petersen	17	5:42.1
19	James Ramirez	14	5:42.8
20	Bob Finlay	49	5:46.0
21	Brad Zanetti	52	5:48.6
22	Andrew Hidas	55	5:55.0
23	Paul Berg	51	6:08.3
24	Bob Holland	62	6:11.0
25	Scott Cronk	41	6:22.1
26	Dan Tuohy	70	6:44.4
27	Dale Trowbridge	66	6:52.6
28	Don Sampson	58	7:05.7
	Carl Triola	37	NT

	Distance Medley Relay	Age	Time	
1	The Gleeks	77	11:31.3	M
2	Empire Meet Record	70	11:55.0	C
3	The Pokemon	60	12:00.3	M
4	Team Nike	57	13:15.9	M
5	Pot Pourri For Szoo Alex	138	13:22.3	M
6	Reluctant Ringers	195	13:32.0	M
7	Thundering Hurt	220	14:04.6	M
8	Three Minnies & A Mel	106	14:07.3	F
9	Runnin' Fools	148	15:35.5	F
10	No Hurry!	143	16:10.4	C
11	Flamin' Flamingos	68	16:21.4	F

Girl's Mile	Age	Time
None		