

The Empire Runners Club

Membership Application

Member Dues: Check Appropriate Box

Today's Date: _____

- **Adult Individual:** \$15 per year
- **Family (single household):** \$20 per year
- **Youth Individual (21 and under):** \$5 per year
- **Printed newsletter mailed to you:** add \$10

Check One: New Membership Renewal Information Update

You may also join or renew online at www.empirerunners.org

Club Newsletter Online Member households with email receive an online monthly newsletter free via the Empire Runners Club eGroup, a club members-only online bulletin board exclusively for running and club-related issues. Please include your e-mail address below. You will be added to the eGroup. (Optional)

Student Grant Fund Each year the Club awards financial grants to deserving graduating high school runners to help with their college expenses. Five dollars from each non-youth membership automatically go to our Student Grant Fund. If you would like make an additional donation please indicate your additional donation here \$ _____

Volunteer Experience the fun of working Empire Runner sponsored events. Help is always needed prior to, during and after each event. Volunteering is a great way to socialize with fellow members and is also a rewarding experience. Please volunteer - this is your club, relying on a volunteer effort, and requiring member support.

Can you help? **YES, call me if you need me!**

Please print legibly and complete all information. Include information on family members only if they are joining the club.

First Name	Last Name	Gender	Date of Birth
Street Address	City	State	Zip
Phone	Email Address (required to receive important club information, including the online newsletter)		

Additional family members joining (More than 3) Please use the back of this form to include additional members joining the club

First Name	Last Name	Gender	Date of Birth
First Name	Last Name	Gender	Date of Birth

Personal Running History (Optional, to be printed in the club newsletter). Please introduce yourself to the rest of the membership and tell us something about yourself (and other family members) and about your running experience(s). You may wish to include what you do, where you've lived, race and training preferences, and any comments you would like to make. Please use the back of this sheet.

CLUB MEMBERSHIP APPLICATION WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Empire Runners Club, Road Runners Club of America, United States Track and Field, Inc., club administrators, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

TOTAL ENCLOSED: \$ _____

Please make checks payable to

Empire Runners Club

Mail completed form to :

Empire Runners Club

P O Box 4241

Santa Rosa, CA 95402

Membership questions?

Gil Moreno

707-546-9142

You may also join or renew online at:

www.empirerunners.org

Signature (Parent/ Guardian signature if under 18 years)

Date